



An Informative Three-day Seminar:

MIOSHA Fundamentals of Safety & Health

1 Who Should Attend . . .

This program is a must for anyone concerned about health and safety on the job including:

- ▶ Managers concerned about liability and workers' compensation costs
- ▶ Employees who want to learn proper techniques for protecting their safety and health at work
- ▶ Business owners who want to learn about compliance with MIOSHA

2 Why You Need This Seminar . . .

- ▶ To reduce disabling injuries and illnesses to employees - and to ensure that every worker goes home safe and healthy every day.
- ▶ To reduce the high direct costs of work-related injuries, which grew to \$42.5 billion nationally in 2000, and indirect costs, which were estimated at an additional \$127 - \$212 billion in 2002. (*2003 Liberty Mutual Safety Index.*)
- ▶ To enhance your company's bottom line. A strong safety and health commitment not only protects workers, it also reduces worker's compensation costs, improves employee morale, and increases production and quality.

3 What You'll Learn . . .

Many employers are faced with the need to appoint an employee to manage their system who may not be fully prepared for the challenge. This fundamentals course offers in **three days** the basics of creating a safety and health management system as well as providing an introduction to the MIOSHA Act and standards. Topics include the MIOSHA Act itself including inspections and citations, elements of a comprehensive safety & health system, recordkeeping, accident investigations, required written programs, outside contractor communications, hazard recognition and machine guarding. A **half-day** is devoted to industrial hygiene to assist employers in uncovering and addressing the unseen health hazards in the workplace.

Agenda

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| ▶ Accident Investigation | ▶ Ergonomics | ▶ Machine Guarding |
| ▶ Act 154 Inspections & Citations | ▶ Hazard Recognition & Self Inspections | ▶ Recordkeeping |
| ▶ CET Services | ▶ Hearing Conservation | ▶ Required Written Programs |
| ▶ Communicating with Your Outside Contractor | ▶ Introduction to Industrial Hygiene | |
| ▶ Elements of a Safety & Health Management System | ▶ First Aid and Bloodborne Infectious Diseases | |

All meetings are accessible and barrier free. Please contact the cosponsor or CET Division, at least two weeks in advance, to request necessary accommodations.

Facilitator

Karen was appointed to the Consultation Education and Training Division of MIOSHA in 1992. She is an occupational safety consultant working in the Washtenaw, Oakland, Wayne and Livingston counties providing consultative advice and training opportunities for both employers and employees. Prior to her position at the Bureau, Karen worked as a Loss Control Consultant in the insurance industry, which gave her insight to workers' compensation, property and liability issues while assisting clients with their safety programs. Karen graduated from Grand Valley State University with a Bachelor's degree in Occupational Safety and Health.



Karen Odell
*Occupational Safety Consultant,
MIOSHA, CET Division*

Program Details

DATE:	March 7, 14, & 21, 2006	TIME:	Check-in - 8:30 a.m. Program - 9:00 a.m. to 4:00 p.m.
LOCATION:	Howell Chamber of Commerce 123 Washington Howell, Michigan	DEADLINE:	Register by March 1, 2006 Enrollment is limited to 30 participants, so please register early!
COST:	\$180 per person. Includes lunch and course materials.	CONTACT:	Janie Willsmore - 517.546.3920

COSPONSOR: Howell Chamber of Commerce Foundation

If this valuable seminar doesn't fit with your schedule or position, please pass this flyer on to a colleague.

How to Register

MIOSHA Fundamentals of Safety & Health

Complete information at right to register by . . .

► **Phone:** 517.546.3920

► **Fax:** 517.546.4115

► **Mail:** Howell Chamber of
Commerce Foundation
123 Washington
Howell, MI 48843
Attn: Janie Willsmore

Name: _____

Company Name: _____

Address: _____

City: _____

State: _____ Zip: _____

Phone: _____

Fax: _____

Email: _____

Number Attending: _____ @ \$180 each = \$ _____

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